

CLINICAL PROFILE

Miriam Pomerantz, PT, DPT



Miriam Pomerantz was introduced to the healing art and science of physical therapy at an early age when she was sidelined by a torn MCL injury while playing softball. Her full recovery took nearly two years and during that time she worked diligently with her physical therapist to be able to return to the activities that she loved. Her career path was ensured. Today, Miriam treats a wide variety of orthopedic and sports injuries with noted success in the treatment of post-operative hip and knee, as well as lumbar fusion. Her focus is on promoting healing and general wellness in all her patients through personalized, evidence-based treatments and creating an enjoyable productive therapy session each visit.

Education and Certifications

- **Doctor of Physical Therapy**
Rutgers University - 2022
- **Bachelor of Science - Biology**
Ramapo College of New Jersey - 2020



Miram's Vision... My vision as a physical therapist is to be able to meet each patient where they are in their journey, to help them achieve their goals, enable them and teach them self-advocacy.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Treatment of Acute and Chronic Pain
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Play
- ACL Program
- Blood Flow Restriction
- Pre and Post-Surgery Rehabilitation
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Cervical/Lumbar Instability
- McKenzie Certified
- Assistive Device Training

Rothman Orthopaedic Institute

Managed by NovaCare Rehabilitation

2500 English Creek Ave. BLDG 1300

Egg Harbor Township, NJ 08234

Office: 609-677-7002

Fax: 609-383-2718

MPomerantz@novacare.com